

2020 GLACIER TWINS WINTER WORKOUT

Day	Time	Group	Place
SUNDAY	6:00-8:00 PM	ALL	ARMORY - 305 Armory Rd, WF
MONDAY	5:30-6:30 PM	ALL	WFPT - 2006 Hospital Way, WF
TUESDAY	6:00-7:00 PM	4	CAGE - 394 Solberg Dr, Kalispell
	7:15-8:15 PM	2	CAGE - 394 Solberg Dr, Kalispell
WEDNESDAY	6:00-7:00 PM	3	CAGE - 394 Solberg Dr, Kalispell
	7:15-8:15 PM	1	CAGE - 394 Solberg Dr, Kalispell
THURSDAY	5:30-6:30 PM	ALL	WFPT - 2006 Hospital Way, WF
FRIDAY	6:00-7:00 PM	2	CAGE - 394 Solberg Dr, Kalispell
	7:15-8:15 PM	4	CAGE - 394 Solberg Dr Kalispell
SATURDAY *morning	8:00-9:00 AM	1	CAGE- 394 Solberg Dr, Kalispell
SATURDAY *morning	9:15-10:15 AM	3	CAGE - 394 Solberg Dr, Kalispell

We CANNOT adjust groups and/or dates and-times based on individual needs.

These are NOT OPTIONAL workouts, unless one of the following reasons:

- Sports practice or game
- Work
- Out of town or sick

Not going because you have “other plans”, aka a date, is not an acceptable excuse. Please remember a lot of people put extra time and effort planning and executing all of this. The players have a couple nights off a week; the coaches do not. Please have respect for their time.

<u>GROUP 1</u>	<u>GROUP 2</u>	<u>GROUP 3</u>	<u>GROUP 4</u>
Austyn Andrachick Stevyn Andrachick Payton Davisson Jacob Polumbus Mason Peters Jack Price Zach Veneman	Taylor Bryan Jace Crabb Michael Glass Hayden Meehan Cade Morgan Chad Queen Ty Schwaiger	Orion Barta Phillip Bruinsma Chance Butzlaff Myles (kilo) Hartley Titus Hartley George Robbins Preston Trennery	Bridger David Mason Doran Asher Kempainen Jacob McIntyre Brayden Miller Tom Phelps Griffin Vaal