

Glacier Twins Baseball
P.O. Box 2007
Whitefish, MT 59937
GlacierTwins406@gmail.com
www.glaciertwinsbaseball.org

Twins Parents/Guardians:

Glacier Twins is one of the premier Class A American Legion Baseball organizations in the State of Montana.

- 2014 Won the Montana State Championship and finished 3rd at the Northwest Regionals in Anchorage, AK
- ❖ 2015 17-3 record in Conference play and #1 seed in the postseason District Tournament
- ❖ 2016 Finished #1 in District Conference 2nd in both District and State Tournament play
- ❖ 2017 Went 22-2 in Conference play
- 2018 Won Conference, District, State Tourneys and Northwest Regional Tournament in Lewiston, Idaho!
- ❖ 2019 Finished 2nd in Conference and runner-up to Mariners in Conference Tourney
- 2020 Finished 1st in Conference and 1st at Districts
- ❖ 2021 Finished 1st in Conference, 1st at Districts and 2nd at State
- 2022 Finished 1st in Conference, 2nd at Districts
- 2023 Finished 1st in conference, 1st at Districts, 3rd at State

The 2024 baseball season will be upon us before we know it! The Board and Coaches have been busy putting together plans for the upcoming season.

All players participating in Twins Baseball will need to have a physical prior to participation. A high school sports physical will be accepted. Players <u>must</u> have a passport or passport card since we will have games scheduled in Canada.

A non-refundable payment of \$300 (Player Registration Fee) is due by spring parents meeting February TBD. Players are expected to earn an additional \$900 in credits or cash by June 10. Refer to the page entitled Fundraising Goals for examples of how easily this can be accomplished. Assistance Scholarships are available to those players who may find the fee structure a challenge. Please contact your coach or any Board member if you have any questions about these scholarships.

With an annual budget of close to \$135,000, there is a required commitment of both time and money on the part of everyone involved with the Glacier Twins. Player fees and fundraisers help to pay for the costs associated with playing baseball, maintaining our field and being able to travel to games and tournaments that require overnight stays. Parents and family members are responsible for helping and/or participating at home games by selling tickets at the gate, announcing, operating the scoreboard, field prep at double-headers, and assisting at our tournaments.. Fundraising obligations include obtaining new fence sign advertisers and major sponsors (which go toward player credits). We use SignUpGenius to allow parents to plan their volunteering. Links will be made via email as schedules are completed.

Our sign-ups begin now, so if you know someone who would like to play for the Glacier Twins, please have them contact a Coach or Board Member.

We look forward to an exciting and rewarding 2024 Glacier Twins season!

The Glacier Twins Board of Directors and Coaching Staff

GLACIER TWINS FUNDRAISING GOALS

Player Fee Deadline is June 10st

The Glacier Twins American Legion Baseball program turns no player away because of financial difficulties. The Glacier Twins raise most of their operating funds through various year-round activities and fundraisers. The Twins organization sets a \$300 **non-refundable** Registration Fee <u>plus</u> a \$900 Fundraising Goal for each player or around half of what some programs charge. The Twins' operating expense budget each year exceeds \$135,000. Player fees account for only a little more than 25% in helping to reach our budget goal. The responsibility for raising the balance rests with the Twins Board and our many supporters of Glacier Twins Baseball.

A non-refundable \$300 Player Registration Fee Payment will be required prior to a player participating in any game or practice. The remaining \$900 Fundraising Credit/Goal can be easily fulfilled in several ways as noted below. If these fees/goals are not met, parents/guardians/players will be held responsible for paying the outstanding amount before a player is allowed to participate.

Various Fundraising opportunities to earn the \$900 Fundraising Credit/Goal are:

- ✓ Garland Hanging: Players, coaches, board members and parents hang Christmas garland on local area businesses and homes during November and December. <u>Players are credited \$100 per day. For example, work four (4) days and earn \$400 towards your goal. Other credits include providing ladders, wire cutters...and a parent!</u>
- ✓ **Garland Take-Down**: Take down of Christmas garland during January and February. <u>Players are credited \$80</u> per day. Work two (2) days and earn \$160 more towards your goal.
- ✓ Twins Season Passes: Sell at least 4 Family passes or more for a total of \$400. A Season Pass will entitle the holder admission to all home games including any invitational tournaments. This is approximately 40-50 games. Rates for season passes are: Season Pass \$50. Players receive credit for the full price of each pass sold.
- ✓ Manual Labor for jobs around the community or at Memorial Field: <u>Credit is face value of payments made</u> to the Twins organization on behalf of a player, or \$10/hr for special assignments at the field outside of regular <u>field care and maintenance</u>. Jobs are generally assigned to player(s) on a rotating basis starting with players with the largest deficit in the fundraising goal, and to players with some level of experience in the area of labor needed.

Example of easily earning the \$900 Fundraising Credit/Goal:

Garland installation and take-down		\$460	(Credits)
Season Pass sales (family or single – face v	alue)	\$200	(Cash Sales)
Field Sign Sponsorship (\$100 for each new	sponsor)	\$200	(Cash Sales)
Field Work Assignments/Community (4 hours)		<u>\$ 40</u>	(Credits)
	TOTAL	\$900	(Cash & Credits)

GLACIER TWINS PLAYER CREDIT TRACKER						
PLAYER N	AME:	AMOUNT NEEDE	\$900.00			
CATEGORY	TYPE OF WORK/SALES	DATE	AMOUNT	\$ EARNED	\$ RUNNING TOTAL	
SPECIAL	Babe Ruth / Super Senior or OTHER					
LAST YEAR	MISC					
LAST YEAR	End of Year Help (BANNER, FIELD, FENCE)					
TEAM WORK	Garland Hang (EXTRA parent \$50, clipper \$10, ladder \$20)		\$100/DAY+			
TEAM WORK	Garland Hang (EXTRA parent \$50, clipper \$10, ladder \$20)		\$100/DAY+			
TEAM WORK	Garland Hang (EXTRA parent \$50, clipper \$10, ladder \$20)		\$100/DAY+			
TEAM WORK	Garland Hang (EXTRA parent \$50, clipper \$10, ladder \$20)		\$100/DAY+			
TEAM WORK	Garland Take Down (EXTRA parent \$50, clipper \$10, ladder \$20)		\$80/DAY			
TEAM WORK	Garland Take Down (EXTRA parent \$50, clipper \$10, ladder \$20)		\$80/DAY			
TEAM WORK	Field Prep Season Fence/Banners					
TEAM WORK						
TEAM WORK	(
TEAM WORK	(
SALES	Pass Money \$50/Family \$25/Senior					
SALES	Pass Money					
SALES	Pass Money					
SALES	Pass Money					
SALES	Pass Money					
SALES	Business Sponsor					
SALES	Banner Business Sponsor					
OTHER						
OTHER						
OTHER						
OTHER						
OTHER						
OTHER						

Player Forms

to be Completed, Signed and Returned to Lindsey Andrachick, General Manager

☐ Player Registration Form (return with \$300 fee)
☐ American Legion Baseball Emergency Information Form
☐ Glacier Twins Player Contract (note Page 2 eligibility date)
☐ Physical Exam Form- School exam is acceptable
☐ Parent - Guardian Release (page 2 of physical exam)
☐ Alcohol & Drug Policy Form (2 pages - carefully read and sign)
☐ American Legion Baseball Player Agreement Form #2 (2 pages)
☐ Consent Letter for Canada Travel signed and <u>NOTARIZED</u>

GLACIER TWINS – 2024 REGISTRATION FORM (Submit with \$300 Non-Refundable Registration Fee)

PARTICIPANT'S NAME:		
ADDRESS:		
	CELL PHONE:	
DATE OF BIRTH:		
EMAIL:		
PARENT(S) OR GUARD	DIAN:	
MOTHER'S NAME:		
	FROM ABOVE):	
PHONE (day):	PHONE (evening):	
EMAIL:		
FATHER'S NAME:		
ADDRESS (IF DIFFERENT	FROM ABOVE):	
PHONE (day):	PHONE (evening):	
EMAIL:		
CONTACT PERSON OT	THER THAN ABOVE:	
NAME:	PHONE:	
PHYSICIAN:	PHONE:	
PAYMENT OF \$300 PLA	AYER REGISTRATION FEE	
	• Cash • Check #	
To be completed by Twins		
Received on	Received by	
Option for Payment Plan:		

AMERICAN LEGION BASEBALL PLAYERS EMERGENCY INFORMATION

□ No

Glacier Twins Player Contract

PRINT PLAYER NAME

(Complete all information on <u>both pages</u> and turn in to coach/board member prior to first practice)

Player Responsibilities

- 1. I understand that my first responsibility is toward my teammates. I know that I will have to make sacrifices to participate in the program. I am ready to make the self-sacrifices that are necessary to becoming a viable, contributing member of the Glacier Twins.
- 2. I realize that by participating in the Glacier Twins Baseball program I am representing myself, the Glacier Twins, and my community both on and off the field. Decisions that I make, and actions that I take, during the season will reflect positively upon these groups.
- 3. I understand that the coaches are there to help me improve my skills and knowledge of the game of baseball. I will work hard on those things that the coaches want me to work on. I understand I will not be expected to be 100% perfect, but that it is my responsibility to work hard to increase my percentages.
- 4. Participation in the Glacier Twins Baseball Program will require extra time and energy from me to help promote and assist in projects to better the program. After I submit the non-refundable \$300 registration fee, I am ready to do my share in making the Twins program a success and to earn my additional \$900 player credit by June 10th.

Disciplines

- 1. Missing practice, games, meetings, or work projects which may be required (without permission from the coach) may result in a game suspension. A second offense may garner a 3-game suspension, and on a third offense, the player may be dropped from the team.
- 2. A player who decides to discontinue play for the Glacier Twins during the season will not be allowed to return to the team during that same season.
- 3. Use of alcohol, tobacco, or illegal drugs (steroids are included as illegal substances) during the season (defined as the first practice until the last game) will not be allowed. Any player who is determined to have used alcohol, tobacco, or illegal drugs prior to any practice or game, or at any time during a road trip, will be subject to suspension or dismissal.
- 4. Actions by players during practice or games that are determined to be not in the best interest of the team will be taken care of by the coaches at the time of offense, and as the coaches see fit.

AS A GLACIER TWIN, I WILL DO MY PART HELPING TO POLICE MYSELF & MY TEAMMATES AND DIRECTING ALL OF US TOWARD MAKING POSITIVE TEAM ORIENTED DECISIONS, BOTH ON AND OFF THE FIELD.

 Player's Signature
 Parents/Guardians Signature
 Date

GLACIER TWINS PLAYER CONTRACT – Page 2

Player must have birth date of January 1, 2005 or after to be eligible to play in 2024

Player's Name							
Address							
CityPhoneEmail							
Date of Birth:			Age:	Heigh	nt:	_ Weigh	ıt:
Position(s):		Bats:	Right	□Left; Th	rows:	□Right	□Left
Cap Size:	Shirt size:	Uniform numbers worn or desired:					
High School:		□ Fresh	man	□ Soph.	□ Jr.	□ Sr.	
Years in Glacier Twi	ins Program	Other S	ports_				
2024 Outlook:							
Individual Goals for	the season:						

GLACIER TWINS AMERICAN LEGION BASEBALL ATHLETIC PARTICIPATION QUESTIONNAIRE, PHYSICAL EXAMINATION EVALUATION, AND PARENT OR GUARDIAN CONSENT AND RELEASE

Auneuc I	ai ucip	ativii Qi	iestionnaire (please print)		
Player's Name			School Gra	ide	
Date of Birth/ / H	lome Ac	ldress			
			me		
			Phone		
			etc. Please list any condition(s) that show		
	ıy medic	al history	that a physician should be aware of in ca.		
Player's Signature			Date		
	to fill o	ut the foll	ealth History owing health history <u>before</u> physical exam ase on reverse side of this form <u>after</u> the e		
as this player had any:	Yes	No	Is there a history of:	Yes	No
hronic or recurrent illness					
ospitalizations	\blacksquare	\blacksquare	Injuries requiring medical treatment Neck injury	\blacksquare	\exists
argery (other than tonsillectomy)			Knee injury		
issing organs (eye, kidney, testicle)			Knee surgery		
llergy to medications			Ankle injury		
oblems with heart or blood pressure			Other serious joint injury		
hest pain with exercise			Broken bones (fractures)		
eart murmur					
izziness or fainting with exercise			Additional history:		
requent headaches, convulsions					
oncussion or unconsciousness			Is there any history of family or		
eat exhaustion/stroke, or other heat problems			genetic diseases?	_	_
ny illness lasting over a week			Has any family member died suddenly		
ononucleosis or anemia			at less than 40 yrs of age of causes		
adder/kidney infections in the past year			other than an accident?		
sthma			Has any family member had a heart		
oilepsy iabetes			attack at less than 55 years of age? Are you uncomfortably short of breath		
yeglasses or contact lenses			after running ½ mile (two times around	_	_
ental braces, bridges, plates			the track) without stopping?		
ist all medications the player is present	•	_			
hat is the most and least the player ha	s weigh	ed in the	past year? Most Least		
1 0			<u></u>		

Use separate piece of paper to explain any of the above numbered "YES" answers or to provide any additional information.

Date of last known tetanus (lockjaw) shot:

PHYSICAL EXAMINATION RECORD

To be completed by licensed Healthcare Professional. This evaluation is only to determine readiness for sports participation. It should not be used as a substitute for regular health maintenance examinations.

Player's Name		
Height Weight Hemoglobin (optional)	Pulse UA (optional) _	Blood Pressure/
	Normal	Abnormal Findings
Eyes – Left / 20 Right / 20		
Pupils Ears, nose and throat		
Mouth and teeth		
Neck		
Cardiovascular		
Chest and lungs		
Abdomen		
Skin		
Genitals-Hernia		
Musculoskeletal: ROM, strength, etc.		
Neurological		
1104101051041		
Comments regarding abnormal findings/	recommendations:	
 □ Full and unlimited participation □ Limited participation □ Clearance pending documented follo □ No athletic participation 	w-up of:	
Licensed Health Care Professional's Na	me (PRINT)	Date
Signature		Phone Number
Par	ent/Guardian Consent	and Release
personnel to give first aid treatment to this pla	ayer at a baseball event in or s) or guardian(s) cannot be	ies sanctioned by Glacier Twins Baseball, except those rmission for the Twins coach(es) or any other qualified case of injury. If emergency service involving medical contacted, I hereby consent for the player named above er Twins.
Parent or Guardian's Name (please prin	Address ((print)
Home phone	 Insuranc	e company
Signature of Parent or Guardian		Date

Parent/Guardian Consent and Release Page 2 of Physical Exam

I hereby give my consent for the above player to participate in all activities sanctioned by Glacier Twins Baseball, except those indicated above by a licensed healthcare professional. I also give my permission for the Twins coach(es) or any other qualified personnel to give first aid treatment to this player at a baseball event in case of injury. If emergency service involving medical action or treatment is required and the parent(s) or guardian(s) cannot be contacted, I hereby consent for the player named above to be given medical care by the doctor or hospital selected by the Glacier Twins.

Parent or Guardian's Name (please p	rint)		
Address (print)			
Home phone	Insurance company		
Signature of Parent/Guardian		Date	

Glacier Twins American Legion Baseball ~ Alcohol and Drug Policy ~

Abuse of drugs and alcohol is a nationwide problem. It affects persons of every age, race, gender and ethnic group. It poses risks to the health and safety of both the individual and the community, and the Glacier Twins American Legion is committed to taking steps to reduce these problems.

To minimize these risks, the Glacier Twins American Legion Baseball organization has adopted a **zero tolerance policy** concerning drug and alcohol useage. This policy establishes standards concerning drugs and alcohol, which all team members must meet, and it establishes consequences for those who violate this policy regarding the use of drugs and alcohol.

POLICY

- 1. All team members must attend an education meeting on drugs and alcohol led by a Glacier Twins Coach. All team members shall read and understand this policy and sign-off on the Alcohol and Drug Policy Consent form (following page).
- 2. No team member shall report for any team related activity (practice, games, or other sponsored functions) if the member is under the influence of alcohol or any controlled substance, except when a physician has prescribed medication for a valid medical condition and the team member is taking it as prescribed.
- 3. Team members who are seen by a coaching staff member or a Twins Board member using, possessing, or under the influence of drugs or alcohol, or in possession of drug paraphernalia (as defined in prevailing State Law), during a team event will be subject to the disciplines stated below.
- 4. Instances where another person, i.e., another team member, family member, or fan, reports a violation by a player, this will be evaluated on a case by case basis. If the person reporting the violation is willing to provide a written statement and/or testify in court (if needed), the report may be treated the same as if the violation was observed by a staff member or Board member.
- 5. Possession or use of alcohol is a violation of state law for persons under 21 years of age. While alcohol is a legal substance for persons over age 21, alcohol abuse is a serious health problem, and violations will be treated seriously. Therefore, possession and/or use of alcohol by a team member will result in State High School League Rules being applied.

First Offense of <u>drug or alcohol usage</u> will result in the player being <u>suspended for two (2) weeks</u>. In addition, for a first suspected drug offense, the team member will be required to immediately submit to a Drug Test (paid for by the Glacier Twins) and obtain an evaluation by a chemical use counselor providing a consent from that counselor allowing the Glacier Twins Team Official to know of the assessment results, recommendations, and team member compliance.

Second Occurrence of drug or alcohol use will result in the player being dismissed from the team for the remainder of the season.

Glacier Twins American Legion Baseball

Drug and Alcohol Policy Consent

I acknowledge that I have seen and read the Glacier Twins American Legion Baseball *Drug and Alcohol Policy*. I hereby consent to abide by it and abstain from alcohol and drug use as outlined in this policy.

I understand that any violation of this drug and alcohol policy may be discussed with and/or made available to my parents or legal guardians. I further understand that any violation of this policy may result in my suspension or removal from the team and it may affect my ability to become a team member in the future.

If/when I take over-the-counter or prescription medications, I agree to take them according to the medication directions, and to only take prescription medications prescribed to me for a valid medical condition.

Date:	
Name (please print):	
Signature:	
Parent/Guardian Name (please print):	
Phone Number:	
Signature:	

This form is available online at www.legion.org/baseball

Page 1 of 2

American Legion Baseball

2022 Form #2	— ESEBALL —
Player Agreement Pl	lease PRINT or TYPE
PLAYER'S NAME	
First, MI, Last (as it appears on driver license or birth certificate)	
I certify that the information shown above regarding me is correct. I agree to devote my entire service as an Americ player this season to team name). I agree to abide by all ALB rules a accept the sole, exclusive and final jurisdiction and authority of The American Legion National Appeals Board ove disagreement(s), or subject matter having to do with or having any impact or effect upon the ALB program, rules, tion, or games and their ruling shall be final without any rights of appeals. In addition, their ruling shall be consito which the parties agree is a final adjudication of all matters in controversy. Procedures for filing an appeal to the Board are outlined in National Rule 10 of the American Legion Baseball Rule Book Voluntarily and of my own free in the ALB program and as a member of my ALB team.	and regulations. I agree to er any ruling(s), dispute(s), tournaments, administra- idered that of an arbitrator National Baseball Appeals we will, I elect to participate
I understand and acknowledge that the very nature of baseball has hazards that can cause serious injury and/or dinjury and damage incident to my participation in ALB. I agree in the event of illness or injury during an ALB game consent to the performance of such diagnostic, medical and/or surgical treatment as may be deemed medically necessary.	e or practice, I hereby give
I have read and understand National Executive Committee Resolution No. 16: Expectations for Rendering Proper R in Programs of The American Legion, October 2016 (copy of which is available at www.archive.legion.org) and agre of said resolution.	
I irrevocably consent to, and authorize the ALB, its licensees, agents, successors and assigns, to use my name, I reproduce, distribute, display, and to prepare derivative works of any images or recordings of me taken, or in wh conjunction with or without my name, made through any medium, for publicity, advertising, promotional or any oth compensation to me.	hich I may be included, in
I have read ALB's Privacy Policy, Drug and Alcohol Policy, and Fan Conduct Policy (copies of www.legion.org/baseball/resources) and agree to be bound to the terms of each such policy.	which are available at
In consideration of the privilege to participate in the ALB program, hereby release, discharge, relinquish, agree not thold harmless, and indemnify The American Legion, its officers, agents, representatives, employees and officials, A participants, players, agents, coaches, managers and persons transporting me to and from ALB activities, from any and cause of action of any sort, arising out of my participation in the ALB program, including, but not limited to sustained in connection with my participation in the ALB program, including but not limited to travel to and from whether the result of negligence or for any other cause; and (2) any ruling(s), dispute(s), disagreement(s), or subject or having any impact or effect upon the ALB program, rules, tournaments, administration, or games. Except as of agree that any dispute arising out of this agreement shall be governed by the laws of Indiana, notwithstanding any any action relating to this agreement must be filed and maintained in a court in the state of Indiana, and users contion and venue in such courts for such purpose.	ALB sponsors, supervisors, y claims, demand, actions, to, (1) any injury or death program related activities, at matter having to do with therwise provided above, I conflicts of law principles.
I certify that I am a legal United States citizen, or possess legal residency, or visitor status to be in the United State proof of said legal status if requested prior to or during any American Legion national-level ALB participation. I shall be denied participation in any American Legion national-level youth programs if I refuse to comply with prostatus, or are not legally in the United States.	I further understand that I
Player's signature	
Player's printed name	Date
I am a parent with legal custody or legal guardian of the above player and hereby consent and agree to the foregoin the above player's behalf.	g terms and provisions on
Parent's or legal guardian's signature Parent's or legal gu	uardian's printed name

American Legion Baseball

2022 Form #2 Continued

Player Information Sheet		Please PRINT or TYPE	
layer's name (first, middle, last)			
Parent's home address (street address, city, state, ZII	 IP)		
		1	
Parent's telephone number	Emergency	contact person & phone number	
Medical Insurance Policy #	F	amily physician & phone number	
High school attended			
Year of graduation	Sch	nool enrollment (grades 10, 11, 12	
Player's email address		Player's Birth Date (Month/Year	
Primary position	Player's height	Player's weight	
Bats Throws			
The content below should be filled out by a notary.			
State Coun I,, a Notary Public fo	 nty for said County and State, do hereby cert	ifv that	
personally a	appeared before me this day and acknowl		
foregoing instrument.			
Witness my hand and official seal, this the	day of, 20	[SEAL]	
Notary Public My c	commission expires		
		Page 2 o	

Recommended Consent Letter for Children Travelling Abroad

The following sample consent letter, provided by Global Affairs Canada, can be modified to meet your specific needs. For instructions and an interactive form you can use to create a customized letter, visit travel.gc.ca/letter.

To whom it may concern,

-				
I/We,	full name(s) of parent(s) / person(s) / organization g	, viving consent	
Address:	street address, city			
Telephone and email:	province/state, country	/		
am / are the parent(s), legal guardian(s) or ot parental authority over the following child:	telephone her authorized pers	on(s) or organization wi	email th custody rights, access rights or	
Information about travelling child				
Name:				
Date and place of birth:	child's full name			
Number and date of issue of passport (if available):	dd/mm/yyyy		city, province/territory	
	number		dd/mm/yyyy	
Issuing authority of passport (if available):	country where passpo	rt was issued		
Birth certificate registration number	number			
Issuing authority of birth certificate	province / territory who	ere birth certificate was issued	1	
Information about accompanying person (I			•	
This child has my / our consent to travel alone. This child has my / our consent to travel with	e □ or			
Name:				
Relationship to child:	full name of accompar	nying person		
Number and date of issue of passport:	mother, father, grandparent, sister, brother, relative, friend, other			
Issuing authority of passport:	number		dd/mm/yyyy	
Contact information during trip	country where passpo	rt was issued		
I / We give our consent for this child to travel	to:			
g .	Ю.			
Destination(s):	name of destination country / countries			
Travel dates:	date of departure to date of return			
to stay with / at (if applicable)	name of person with w	yhom child will he staving / ho	tel or other accommodation	
at the following address(es)	name of person with whom child will be staying / hotel or other accommodation			
	street address(es), cit	y (cities)		
Telephone and email	province(s)/state(s), co	ountry (countries)		
This letter may be signed before a witness who has atta- notary public (recommended).	ined the age of majority ((18 or 19, depending on the p	rovince or territory of residence) OR before a	
Signature(s) of person(s) giving consent	Signature of witr	ness		
	6.0			
	full name of witness			
signature(s) of person(s) giving consent	signature of witness			
dd/mm/yyyy	dd/mm/yyyy	city, province/territory		

Questions regarding information in this consent letter should be directed to the person(s) or organization giving consent.